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SWEDISH MEATBALLS





NEED

2 C low-sodium beef broth



40 fully-cooked frozen meatballs



16-oz pkg egg noodles, cooked



10.75-oz can condensed cream of mushroom soup



3/4 C sour cream



slow cooker, sprayed with cooking spray



1-oz envelope onion soup mix



½ t dried parsley flakes

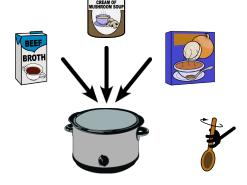


large spoon



NOTE: Always consider student food allergies when preparing recipes.

1. Put broth, canned soup and soup mix into slow cooker. Stir.



2. Put meatballs into slow cooker. Stir.



3. Cook on low 5 - 6 hours.





5 - 6

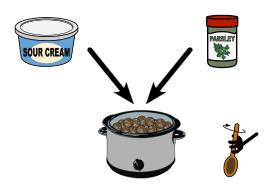




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4. Put sour cream and parsley into slow cooker. Stir.



5. Cook until warmed through.



6. Serve meatballs over noodles.



7. Eat.



